

**LABANarium**  
Resource & Network Centre  
for the Movement Community

**CENTRE FOR  
PERFORMANCE  
PHILOSOPHY**

# THINKING MOVEMENT, MOVING THOUGHT

22 September 2017 9am – 6.30pm

Labanarium presents this one day symposium in collaboration with the **Centre for Performance Philosophy** which will focus on the relationships between movement and philosophy

and movement and psychology. Workshops, seminars, papers and encounters in movement and thinking given by Cate Deicher CMA and Amy Shapiro, PhD (Alverno College, U.S);

Will Wollen (University of Kent); Christopher Simpson (Northampton University) and Dr Paola Crespi (Goldsmiths University London).



INSTITUTE OF PERFORMANCE  
GUILDFORD SCHOOL OF ACTING



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# Thinking Movement, Moving Thought

A one day symposium focusing on the relationships between movement, psychology and philosophy

## PROGRAMME

9am -9.15am	Registration	Ivy Theatre foyer
9.15am – 9.45am	'Welcome and Introduction' Juliet Chambers-Coe	Ivy Theatre
10am – 1pm	Cate Deicher and Professor Amy Shapiro – Moving lecture & Workshop	Ivy Dance
1pm – 2pm	Lunch	Ivy Theatre Foyer
2pm – 3pm	Dr Paola Crespi - 'Rhythm Will Help Workers' - paper presentation	Ivy Theatre
3pm – 4pm	Christopher Simpson – active presentation	Ivy Theatre
4pm -4.15pm	Tea	Ivy Theatre foyer
4.30pm – 5.45pm	Will Wollen – pedagogic workshop	Ivy Dance
5.45pm – 6pm	Comfort break	
6pm– 6.30pm	Panel discussion Q&A and closing thoughts.	Ivy Theatre

### Cate Deicher CMA and Professor Amy Shapiro

**Moving Lecture  
& Workshop**  
10am - 1pm  
Ivy Dance

#### MOVING LECTURE AND WORKSHOP SESSION

**Amy Shapiro** is Professor of Philosophy and Humanities at Alverno College in Milwaukee, Wisconsin. Since its inception in 2010 she has been Academic Director of Alverno's Women's and Gender Studies Program. From 1999–2005 she was Director of the Holocaust Education Resource Centre at the Milwaukee Coalition for Jewish Learning. Shapiro is co-editor with Myrna Goldenberg of *Different Horrors Same Hell: Gender and the Holocaust*, University of Washington Press, 2013. She is currently working on *Philosophically Becoming*, a memoir about becoming a language philosopher, and a paper on the role of outcomes based learning in the contemplative classroom.

**Cate Deicher** has been exploring and applying Laban's work to creative and educational projects since 1986. She has presented choreographic work over the years in a variety of venues, for students, dance companies and theatre productions. She founded the Department of Dance and Movement Studies at Alverno College in 1988 and served as faculty, department chair, and Fine Arts Dean during her tenure. Following that, she served as faculty and Academic Coordinator for the Graduate Laban Certificate in Movement Analysis at Columbia College Chicago until 2015. Her article, *Laban-Based Movement Learning and Architectural Education: An Experiment Towards A New Pedagogy*, was published in the *Journal of the Laban Guild for Movement and Dance*.

**Description** As a dancer and a philosopher who have had an ongoing verbal and movement conversation over the past 28 years, we want to bring others into our verbal/movement conversation. What happens when a Dancer/Laban Movement Specialist and a Language Philosopher come together? How does Laban and dance influence the way we might understand language, connection, relationship? And how does language philosophy influence the way we understand ourselves in space, in time, in relationship? Can meaning happen, whether verbal or non-verbal, without relationship? How does movement meaning come into being? In this session we will explore a series of questions like these employing both verbal and movement discussions to reflect on the ways we might enhance our understanding of both.

Ivy Arts Centre  
Guildford School  
of Acting  
University of Surrey,  
Guildford GU2 7XH

### Dr Paola Crespi

**Rhythm Will Help  
Workers**  
paper presentation  
2 -3 pm  
Ivy Theatre

#### LECTURE

**Dr Paola Crespi** is a Visiting Research Fellow at the Topology Research Unit at Goldsmiths and a Lecturer at Anglia Ruskin University and at the University of Suffolk. She holds a PhD in Media Studies (Goldsmiths), an MRes in Humanities and Cultural Studies (London Consortium) and a BA (Hons) in Philosophy (University of Padua).

Paola worked with the material held in the Laban Archive at the National Resource Centre for Dance (University of Surrey) for her PhD research and she is currently developing this project into a monograph re-elaborating Laban's work in terms of philosophical approaches to time and space such as those afforded by the notions of rhythm and diagram.

Paola's work has been published in international peer-reviewed journals such as *Body & Society*, *Subjectivity*, *Theatre, Dance & Performance Training* and online on the *Theory, Culture&Society* website. Paola sits on the editorial board of *Evental Aesthetics: An Independent Journal of Philosophy* and she is Section Editor for *Cultural Studies and Critical Theory of the Open Journal of the Humanities*.

#### Description

*Rhythm Will Help Workers'*: Rudolf Laban's Rhythmanalysis 1920-1958

This intervention will argue for the importance of rhythm in the work of Rudolf Laban between the 1920s and the 1950s through a re-elaboration of his unpublished notes and writings and on the background of debates on rhythm and temporality in cultural theory.

Besides the more straightforward aim of introducing Laban's rhythmanalysis as found in both his notes and his drawings to a wider public, this intervention seeks to draw attention to the dialogue between cultural theory and performance studies that the material itself affords. Far from being restricted to the field of the performing arts, Laban's work, I argue, can be seen as an example of interdisciplinarity in which practice informs theory and theory informs the development of a practice that takes the form of drawings, notations, choreography, dance, movement therapy and ergonomics.

### Christopher Simpson

**Active presentation**  
3-4 pm  
Ivy Theatre

#### ACTIVE PRESENTATION

**Christopher Simpson** is an actor with a broad ranging creative practice encompassing film-making, radio documentary, mask making and an extensive teaching practice.

Christopher leads Acting for Screen and Movement Psychology courses

at Northampton University as well teaching psychological realism, mask and acting methodologies for other drama schools in London and abroad.

#### Description

This active presentation will explore the conceptual terrain and attempt to map what becomes possible when we can name qualities of human

expression and the characterful constellations that arise when we make use of a precise character typology with endless permutations. Key concerns are how reading the body enables enacting another's body and how inner life manifests itself through outer action in an endless dynamic cycle...

### Will Wollen

**Pedagogic workshop**  
4.30 - 5.45 pm  
Ivy Dance

#### WORKSHOP SESSION

**Will Wollen**, is Lecturer in Drama and Theatre Studies at the University of Kent.

Will has worked on all scales of theatre, from West End to small-scale rural touring and work with Cherub Company London. His work as a physical actor has seen him undertake creature work on film (*Vogons* in *Hitchhiker's Guide to the Galaxy* (2005) and the silverback

*Mangani ape Kerchak* in *The Legend of Tarzan* (Warner Bros. 2016).

Previously: Assistant Director Outreach and Touring, Watermill Theatre (2004-07); Artistic Director, Theatre Royal Margate (2007-12); Specialist Movement Tutor, GSA Conservatoire 2003-2007.

He leads practical workshops and masterclasses at theatres and leading drama schools in the UK. Will gained

his BA in French & Philosophy at the University of Leeds before training as an actor at Arts Ed London under Adrian James, Stephen Hutton, Andrew Visnevski and Cathérine Clouzot.

#### Description

A pedagogical approach, this workshop explores scenes and monologues using the Inner Attitudes and Quests, approached through use of the related Planes.

Supported by the Institute of Performance, GSA and the Doctoral College at the University of Surrey.

To book visit: [surrey.ac.uk/arts/theatre/20170922-thinking-movement-moving-thought](http://surrey.ac.uk/arts/theatre/20170922-thinking-movement-moving-thought) or Phone box Office 01483 686 876

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Labanarium presents a series of workshops, seminars, symposia and 'encounters' in movement and dance at The Guildford School of Acting



### Movement Direction Workshop and Masterclass, *Blood Wedding*

24 April 2017, 10am – 4pm, Ivy Arts Centre, GSA

**Dr Teresa Izzard**, Theatre Arts lecturer at Curtin University and resident director/movement director. This master class and workshop will offer you the opportunity to develop your skills as a Movement Director using a palette of tools and approaches

that combine Laban Movement Analysis and Viewpoints, exploring Lorca's *Blood Wedding*.

**Booking:** [surrey.ac.uk/arts/theatre/movement-direction-dr-teresa-izzard](http://surrey.ac.uk/arts/theatre/movement-direction-dr-teresa-izzard)

### Dead Rabbits Theatre Workshop and Performance *My Love Lies Frozen in the Ice*

7 June 2 - 3.30pm, Performance 6pm, Ivy Arts Centre and Founders Studio, GSA

**Kasia Zaremba Byrne and Dead Rabbits Theatre Company.** Kasia works as a movement director for Dead Rabbits as well as for NIE, an international company based in UK and Norway and is programme director for the MA and the BA in Physical Theatre at St Mary University, Twickenham.

**2-2:30 pm Playfulness, Spontaneity and Physical Comedy.** A workshop that will help you to discover how to be playful, spontaneous and fearless on stage. You will explore how to have a greater confidence, how to be funny, open, and perhaps vulnerable even though the audience is laughing.

**Booking Workshop:** [surrey.ac.uk/arts/theatre/dead-rabbits-theatre-workshop](http://surrey.ac.uk/arts/theatre/dead-rabbits-theatre-workshop)

**6 - 7pm Dead Rabbits Theatre presents a scratch performance of *My Love Lies Frozen In The Ice*.**

A tale of love, loss and an unexplained power of the human heart. A dark and mysterious story of a balloon expedition to the North Pole. In 1897 three explorers took off to the north pole in a free-flying balloon. The trip was supposed to last 3 months. It took a little longer... Behind them, at home, they left a woman who would not forget them... Follow us on that journey through the whiter than white snow and darker than dark nights where nothing is what it seems...

**Booking Performance:** [surrey.ac.uk/arts/theatre/my-love-lies-frozen-ice-dead-rabbits-theatre](http://surrey.ac.uk/arts/theatre/my-love-lies-frozen-ice-dead-rabbits-theatre)



### Workshop - Laban for Therapy/Clinical Practice with Dr Katya Bloom

20 June 1-4pm, Founders Studio, GSA

**How and When Does Laban Movement Analysis Support Clinical Practice? Dr Katya Bloom**

PhD, BC-DMT, CMA. Author of *The Embodied Self: movement and psychoanalysis*, co-author with Rosa Shreeves of *Moves* and co-editor with Sandra Reeve and Margit Galanter of *Embodied Lives: reflections on the influence of Prapto Suryodarmo and Amerta Movement*. A founding member of Thrive Infant Family Program in Los Angeles and freelance practitioner, teacher and lecturer.

Recognised CPD hours for therapists and trainees by the **Association of Dance Movement**

**Psychotherapy (ADMP)**  
[admp.org.uk](http://admp.org.uk)

**Workshop** - This experiential workshop will be a valuable review for Dance Movement Psychotherapists, a worthwhile introduction to therapists who are new to LMA, and will also be of interest to others who value exploring the relationship between movement and psychological and emotional processes.

**Booking:** [surrey.ac.uk/arts/theatre/laban-therapyclinical-practice-dr-katya-bloom](http://surrey.ac.uk/arts/theatre/laban-therapyclinical-practice-dr-katya-bloom)

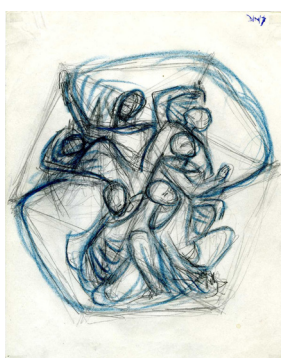


Image (L-C-7-11) courtesy of the Rudolf Laban Archive at the National Resource Centre for Dance, University of Surrey.

### Archive Animation: Inspiring Creative Practice

23 June 10 – 1pm, Founders Studio, GSA

**Alison Curtis-Jones** (Trinity Laban; Summit Dance Theatre) in collaboration with the Rudolf Laban Archive, University of Surrey. Workshop which reflects upon dance innovations through archive resources including original drawings, texts and photographs from the Rudolf Laban Archive and

explores how reconsidering transformations in dance heritage can inform, inspire and reinvigorate current artistic practice.

**Booking:** [surrey.ac.uk/arts/theatre/20170622-archive-animation-inspiring-creative-practice](http://surrey.ac.uk/arts/theatre/20170622-archive-animation-inspiring-creative-practice)

### Thinking Movement, Moving Thought

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